

SAOLT COLLEGE OP APPLIED ARTS & TECHNOLOGY

SAUL'S STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: Counselling Skills

CODE NO.: NSA 200-3

PROGRAM: General Arts & Science

SEMESTER: one

DATE: September, 1938

AUTHOR: Mary O'Donnell

New

Revision

APPROVED


Chairperson

Date **j^** ___ **x£**

**General Arts & Science
Native Social' Service Aide**

Counselling Skills

NSA 200-3

O'Donnell

Thursday, 12:30 - 2:30

This course is an introduction to Counselling Methodology. It is designed to introduce the students to the techniques of the helping interview. Types of interviews, implications of self-awareness to a helping interview and cultural context will be emphasized.

OBJECTIVES

Upon successful completion of this course the student will have developed skills in:

- ^^ a. self-awareness and self-confidence in the counselling setting.
- b. methods of note-taking while interviewing.
- c. responding to client needs and goal planning with clients.
- d. clarifying client communication and responding accurately and sensitively.
- e. team work by experiencing interactions with other Native professionals from the local community.

TEXTs

The Helping Relationship - Process & Skills, - Lawrence M. Brammer
{available in bookstore)

EVALUATION

Attendance & Participation	20%
Chapter Tests (7)	20%
Mid Term Project	20%
Case Study (2)	20%
Final Tape	20%
	100%

Ideally, assignments will be handed in on time, be legible, and be of graduate level content.

An example of how marks will be distributed for a case study worth 10 marks.

Content	8
Neatness	1
On Time	<u>1</u>
	10